

Lewy Physical Therapy Pool Guidelines

1. Patients must be supervised at all times to enter and use the pool by the therapist or a Lewy Physical Therapy staff member.
2. Patients must inform their therapist or a Lewy Physical Therapy staff member if any of the following occur: shortness of breath, heart palpitations, fatigue, pain, nausea or dizziness. Patients must also inform their therapist or a Lewy Physical Therapy staff member if they experience any the above symptoms prior to entering the pool.
3. Patients will abide by all rules such as no diving, horseplay, or other rules as enforced by Lewy Physical Therapy.
4. Patients will inform their therapist or a Lewy PT staff member if they have any medical history/conditions which may inhibit their ability to perform pool therapy such as: open sores or blisters, communicable diseases, incontinence, colostomy, rash, etc.
5. To enter the pool, patients are should not wear lotion. If so, patients are asked to shower prior to entering the pool.
6. I understand that I may be using the pool with other patients.
7. Patients will inform their therapist or a LPT staff member if they are wearing any medication skin patches as the water could inhibit the medication patch's ability to work properly.
8. Lewy Physical Therapy will provide patients towels or patients are allowed to bring their own.
9. Lewy Physical Therapy provides two large bathrooms with seating for patients to use. The bathroom closest to the pool is available with a handicap accessible shower. Please use these bathrooms as needed, but leave personal items on the shelves in the LPT gym.
10. Patients are asked not to wear any cut-offs but may wear any combination of swimsuits, gym shorts and/or t-shirts.

I understand my satisfaction is most important to Lewy Physical Therapy. If at any time I feel more comfortable with using the pool alone I will inform my therapist or any staff member. Lewy Physical Therapy will attempt to schedule my appointment time accordingly.

I have read the above rules and regulations and agree to abide by all of the above as enforced by Lewy Physical Therapy.

Signature

Date